

## Top Tips Of The Week - Immunisation

### Vaccinations & Immunisations

- One of the best ways to protect your child against diseases like measles, rubella, tetanus and meningitis, is through immunisations. These are all offered FREE OF CHARGE through your GP.
- Remember, as well as protecting your own child, you're also protecting others by preventing the spread of disease.

### Vaccination Schedule – please note that this does change from time to time.

- 1 year:
  - Hib/MenC vaccine , given as a single jab containing vaccines against meningitis C (1st dose) and Hib (4th dose)
  - MMR vaccine (measles, mumps and rubella), given as a single jab
  - PCV (Pneumococcal) – 3rd dose
  - MenB vaccine – 3rd dose
- 2-8 years (including children in reception class and school years 1 to 4):
  - Children's flu vaccine (annual)
- 3 years and 4 months:
  - MMR vaccine (Measles, mumps and rubella) – 2nd dose
  - 4-in-1 pre-school booster, given as a single jab (diphtheria, tetanus, whooping cough or pertussis, and polio)

### Quick guide to your baby's vaccinations

- PCV or 'pneumo jab' protects against pneumococcal infections that can lead to pneumonia, septicaemia and meningitis.
- MenB protects against meningitis and septicaemia
- Hib/MenC protects against haemophilus influenza (a bacterium that can cause serious different illnesses) and meningitis C
- MMR protects against measles, mumps and rubella (German measles).
- 4-in-1 boosts protection against diphtheria, tetanus, whooping cough and polio
- Flu given as a nasal spray, protects your child against getting the flu

**Please get in touch if you have  
any questions about these tips**